

Investing in the healthiest nation

Despite tremendous improvements in the 20th Century, Americans live **shorter lives** and suffer **more health issues** than people in other high-income countries.

More Americans age **65+** suffer **2 chronic conditions**

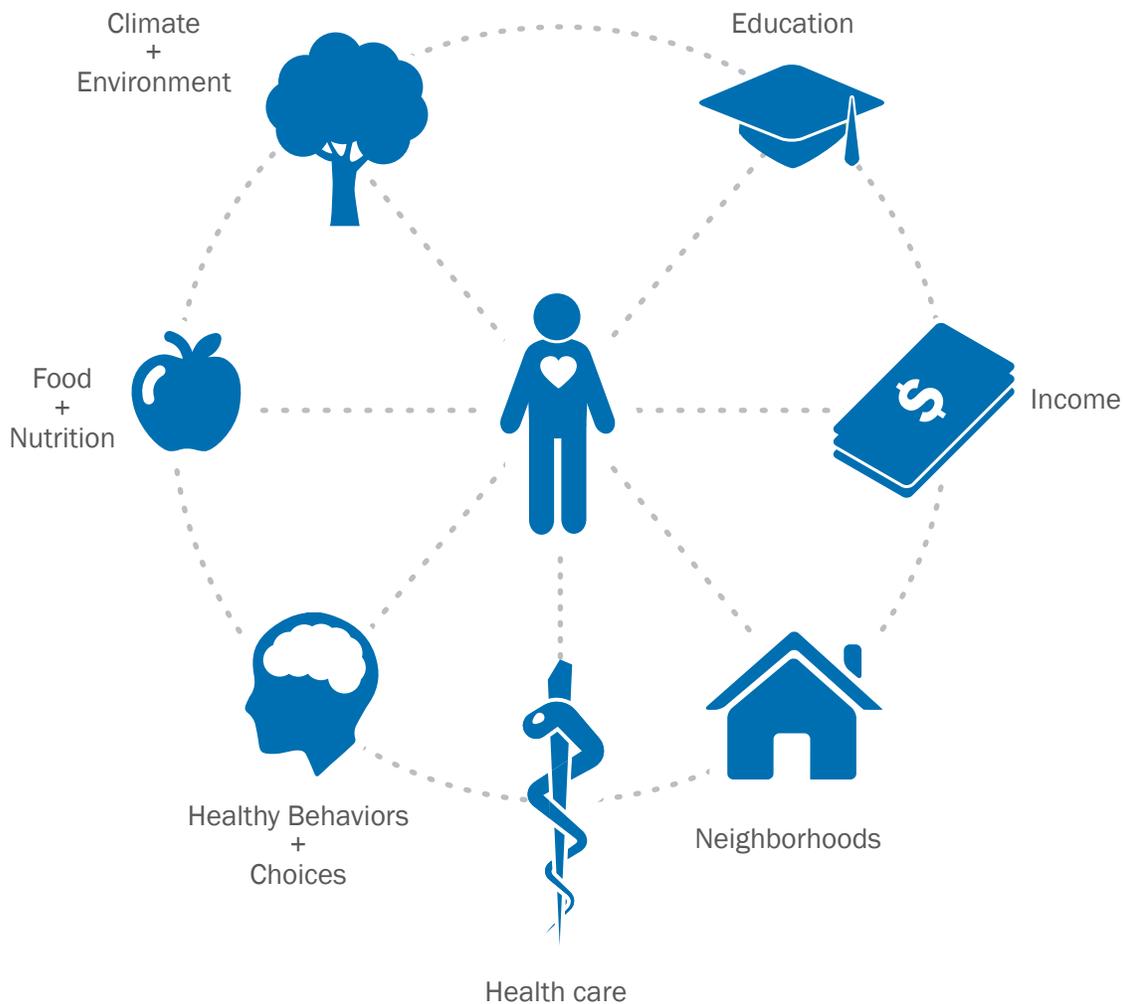


 Our **babies** are **50 percent** more likely to die before their first birthday

And on average our lives are **3 years shorter**



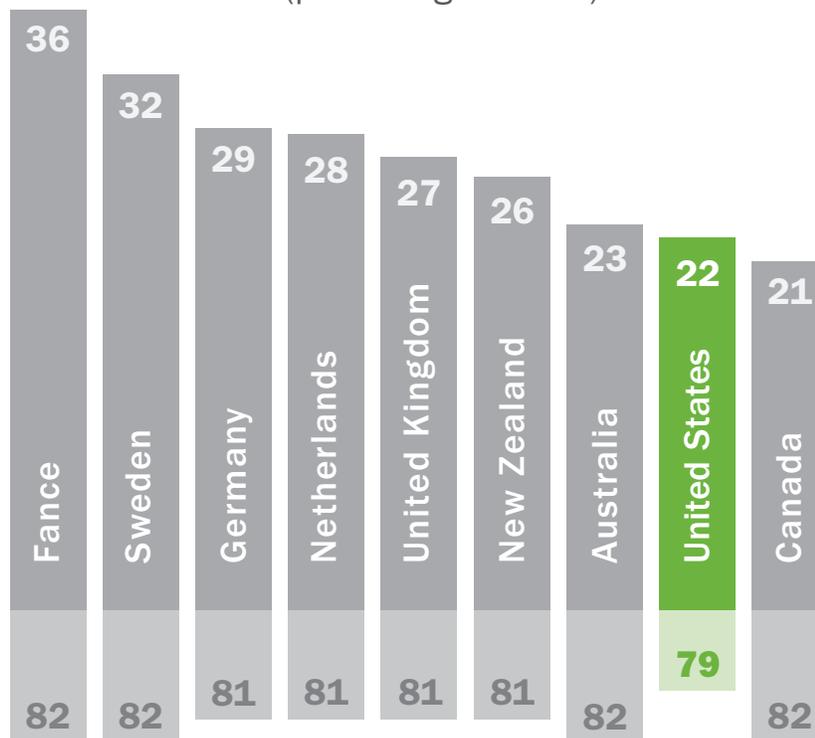
We know **good health**
depends on **many things**



Social, environmental and individual factors influence both our health and our ability to make healthy choices. Health care is only a small contributor to our health and wellness.

People **live longer** in countries
that **spend more** on **“social care”**
programs* that support health

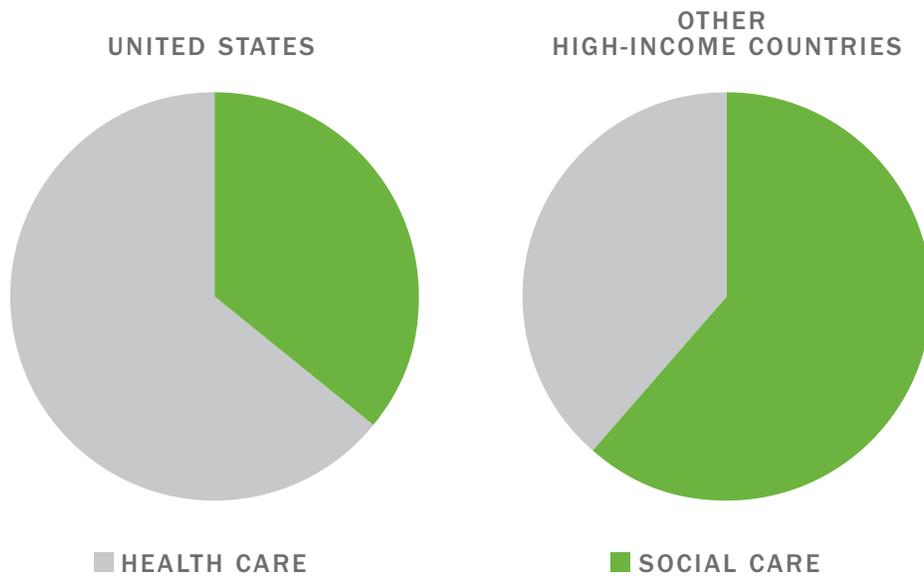
Social care spending
(percentage of GDP)



Life expectancy

“Social care” includes programs like education, retirement benefits, housing assistance, employment programs, disability benefits, food security

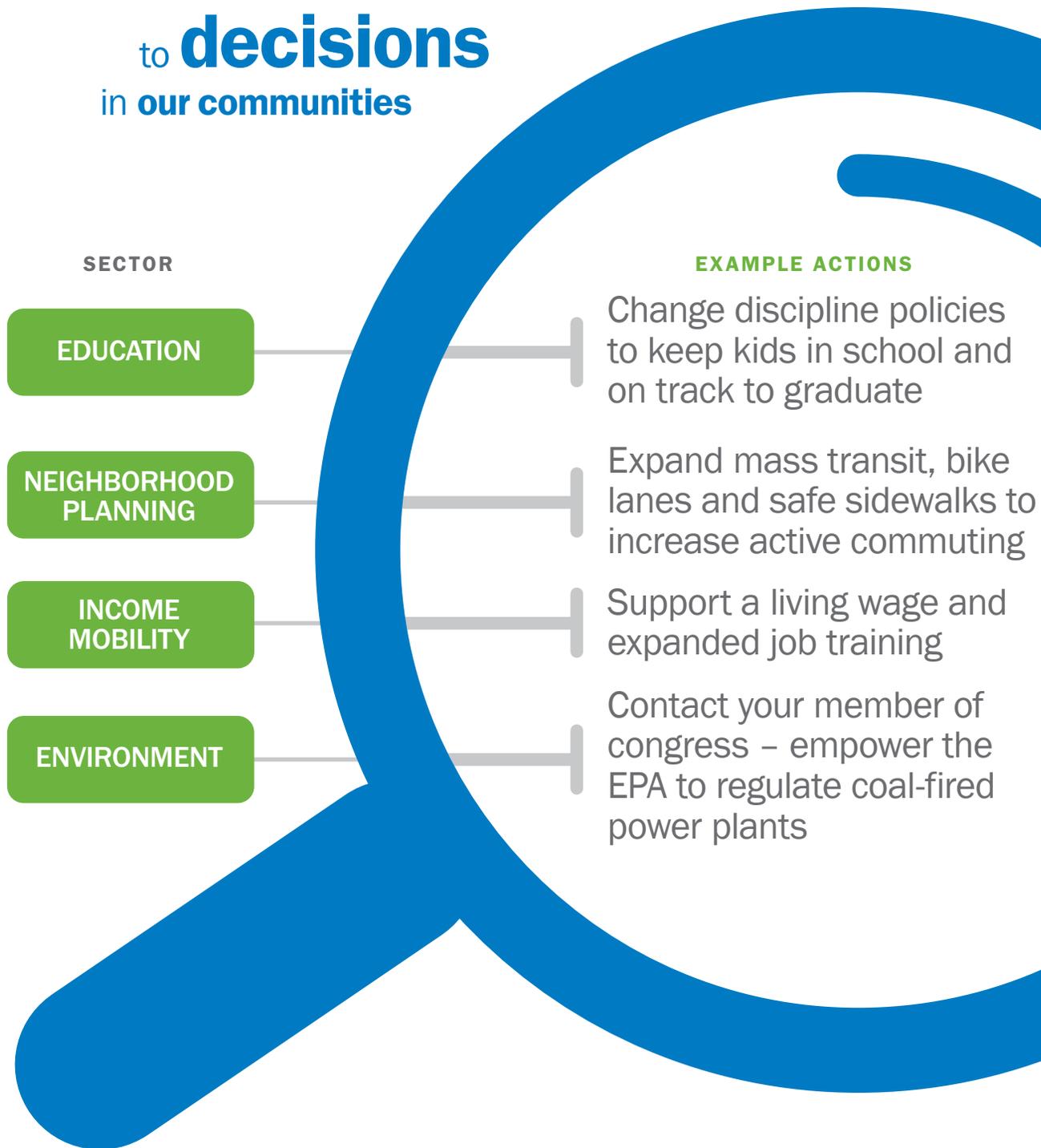
The **United States** is the **only country** that **spends more** treating **health issues** vs **social care programs**



And **prevention programs** get only **3 percent** of **US health care dollars**



We all **benefit** by **applying**
a **health lens**
to **decisions**
in **our communities**



Together, we can create conditions where **everyone** has the opportunity to be **healthy**

Let's work together!

Generation Public Health is a growing movement of people, organizations and communities collaborating across sectors to create the **healthiest nation in one generation.**



Build a nation of safe, healthy communities

Make health a priority in designing our communities, from healthy housing and transportation to parks and playgrounds.



Give everyone a choice of safe, healthy food

Healthy food with nutritious ingredients free from harmful contaminants needs to be both affordable and widely accessible.



Help everyone achieve at least high school graduation

Education leads to being healthy adults with access to better jobs, resources and neighborhoods.



Create healthy environments

Support policies for clean air and water, safe housing and products, and preparedness for natural and man-made disasters.



Increase economic mobility

Income inequality contributes to unhealthy stresses on adults and children. As a starting point our country needs to commit to a livable wage for all.



Provide quality health care for everyone

Health reform was just a start. To fulfill its potential, we need to shift the focus of our health system from treating illness and emphasize prevention.



Ensure social justice and health equity

Everyone has the right to good health. We must remove barriers so everyone has the same opportunity to improve their lives and their health.



Strengthen public health infrastructure and capacity

Strong and consistent funding levels are necessary for the public health system to respond to both everyday health threats and unexpected emergencies.

Join Generation Public Health at

apha.org/2030



SOURCES D. Squires and C. Anderson, *U.S. Health Care from a Global Perspective: Spending, Use of Services, Prices, and Health in 13 Countries*, The Commonwealth Fund, Oct. 2015.
OECD (2016), Social spending (indicator). doi: 10.1787/7497563b-en (Accessed on 1 March 2016)
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